

PARENT COFFEE

Positive Behavior Interventions and Supports

Intervenciones y apoyos de comportamiento positivo

February 3, 2023
Potowmack Elementary School



TODAY'S AGENDA

AGENDA DE HOY

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Parent Workshop

Taller para padres



• What is PBIS?

¿Qué es PBIS?

Positive Behavior Interventions and Supports

Intervenciones y apoyos de comportamiento positivo



PBIS is a prevention-oriented **framework** for teaching students appropriate, expected behaviors, and providing the support to continue those behaviors.

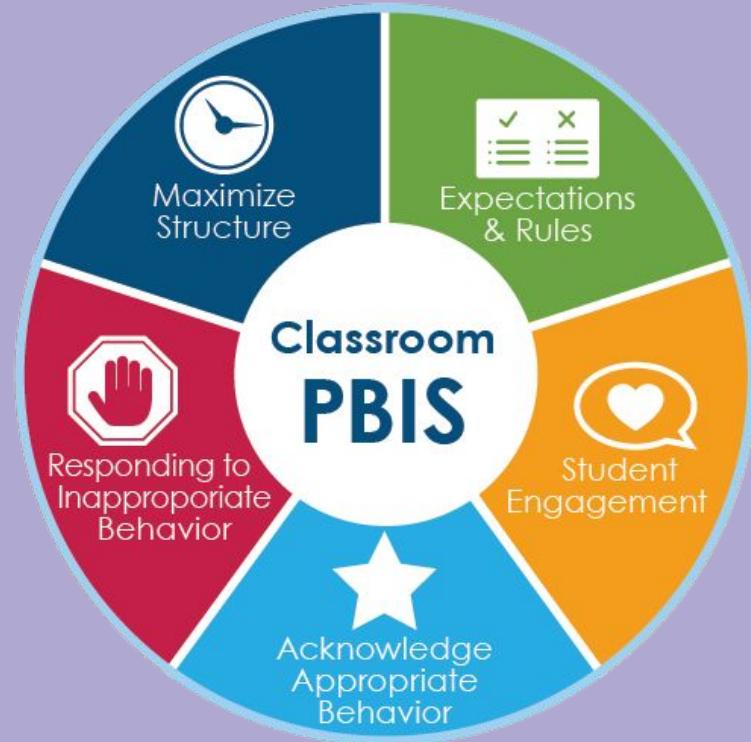
PBIS es un marco orientado a la prevención para enseñar a los estudiantes los comportamientos esperados apropiados y brindar el apoyo para continuar con esos comportamientos.

Positive Behavior Interventions and Supports

Intervenciones y apoyos de comportamiento positivo

PBIS is not a curriculum or program that our staff teach, it is a "way of life" that encompasses many school initiatives.

PBIS no es un currículo o programa que enseña nuestro personal, es una "forma de vida" que abarca muchas iniciativas escolares.



What is the goal of PBIS?

¿Cuál es el objetivo de PBIS?

To establish a safe and supportive learning environment to promote social, behavioral, and academic success for all students; and develop a common vision, language, and practices used consistently throughout the school.

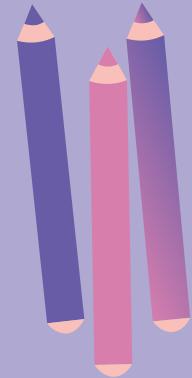
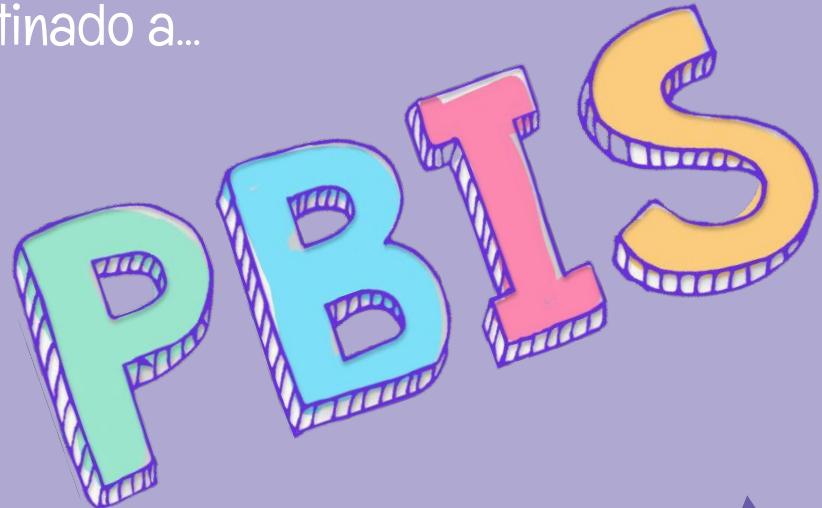
Establecer un ambiente de aprendizaje seguro y de apoyo para promover el éxito social, académico y de comportamiento para todos los estudiantes; y desarrollar una visión, un lenguaje y unas prácticas comunes que se utilicen sistemáticamente en toda la escuela.



PBIS is Intended to...

PBIS está destinado a...

- Improve school climate
Mejorar el clima escolar
- Strengthen relationships
Fortalecer las relaciones
- Teach and reinforce expectations
Enseñar y reforzar las expectativas.
- Increase positive behaviors and academic achievement
Aumentar los comportamientos positivos y el rendimiento académico.
- Decrease office referrals and suspensions
Disminuya las remisiones y suspensiones de la oficina.



PBIS: A Framework

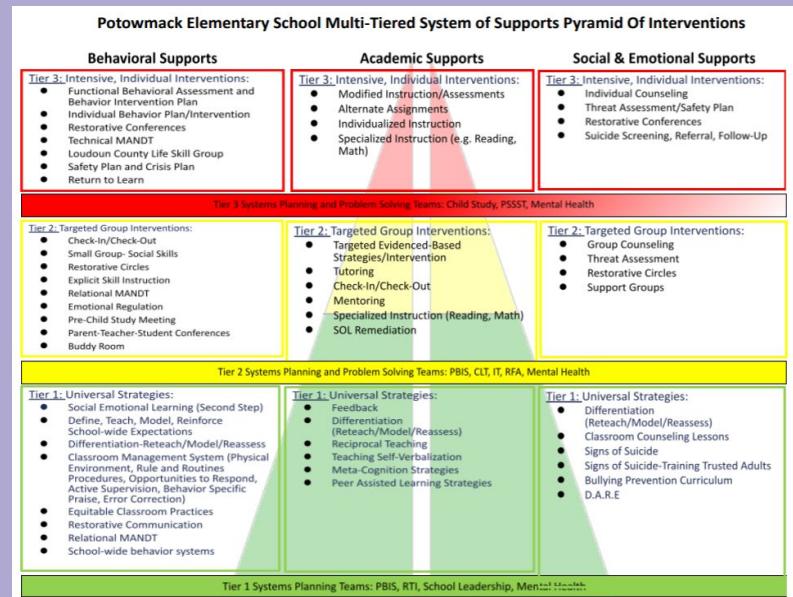
PBIS: un marco

PBIS has a **MTSS** framework...

A three-tiered structure that helps match academic, social/emotional, and behavioral resources to students with varying levels of need.

PBIS tiene un marco MTSS...

Una estructura de tres niveles que ayuda a combinar los recursos académicos, sociales/emocionales y conductuales para estudiantes con diferentes niveles de necesidad.



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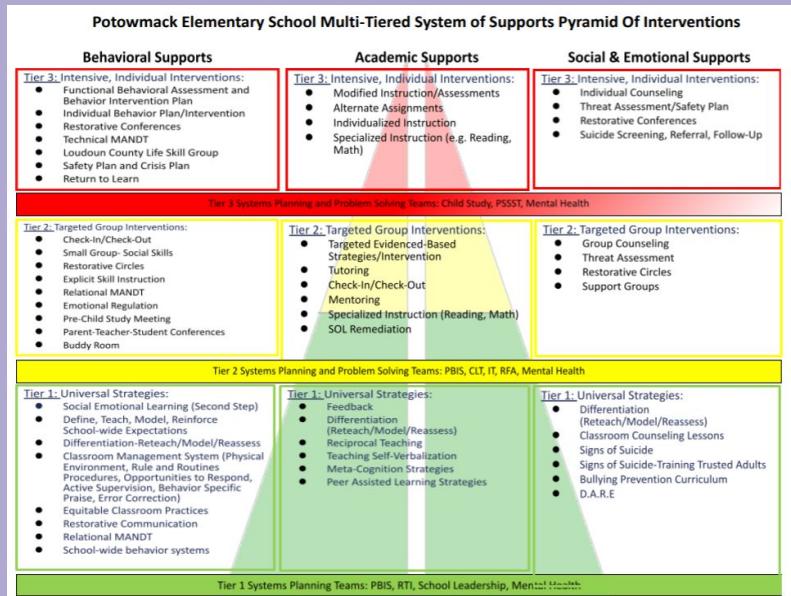
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PBIS: A Framework

PBIS: un marco

- Tier 1 is the universal level of prevention. This represent the supports and resources provided to EVERY student.
 - School-wide expectations, ClassDojo, etc.
- El nivel 1 es el nivel universal de prevención. Esto representa los apoyos y recursos proporcionados a CADA estudiante.
 - Expectativas de toda la escuela, ClassDojo, etc.



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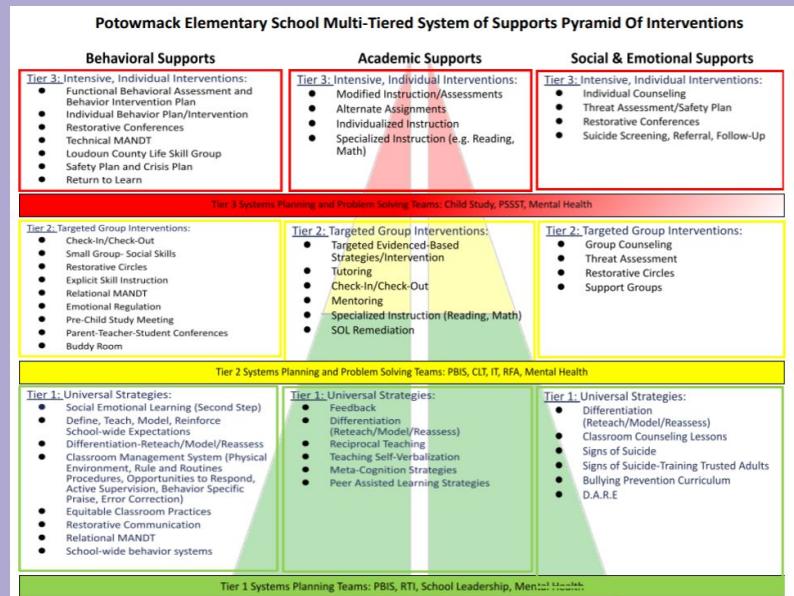
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PBIS: A Framework

PBIS: un marco

- Tier 2 represents the targeted supports that focus on improving students' specific skill deficits
 - Mentoring, group counseling, CICO, Buddy Room, etc.
- El Nivel 2 representa los apoyos específicos que se enfocan en mejorar los déficits de habilidades específicas de los estudiantes
 - Mentor, asesoramiento grupal, CICO, Buddy Room, etc.



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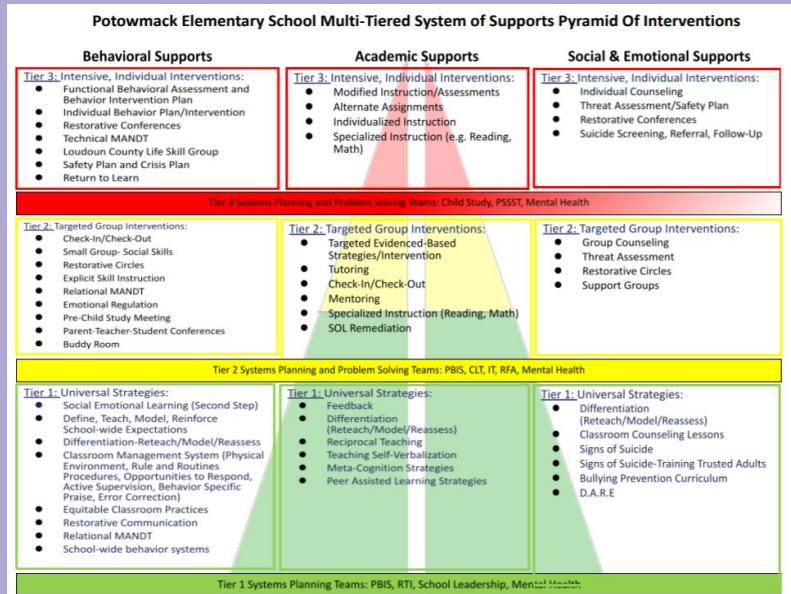
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PBIS: A Framework

PBIS: un marco

- Tier 3 supports are the most intensive resources we offer. Serves as a completely individualized level of prevention.
 - Threat assessments, FBA, BIP, etc.
- Los soportes de nivel 3 son los recursos más intensivos que ofrecemos. Sirve como un nivel de prevención completamente individualizado.
 - Evaluaciones de amenazas, FBA, BIP, etc.



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PBIS at Potowmack

PBIS en Potowmack

Tier
1

Tier
2

Tier
3

PBIS Tier 1 at Potowmack

Nivel 1 de PBIS en Potowmack



RRE Expectations
Expectativas RRE



Classroom Lessons
Lecciones en el aula



Class Dojo



Soaring Eagle Awards
Premios Soaring Eagle



RRE School Wide Expectations

RRE Expectativas de toda la escuela



RESPECT

Respeto

RESPONSIBILITY

Responsabilidad

EFFORT

Esfuerzo

All of our students have common expectations throughout the school. These expectations are taught at the beginning of the school year and are reviewed often throughout the year.

The goal is to ensure a safe, welcoming environment for all students.

Todos nuestros estudiantes tienen expectativas comunes en toda la escuela. Estas expectativas se enseñan al comienzo del año escolar y se revisan con frecuencia a lo largo del año.

El objetivo es garantizar un entorno seguro y acogedor para todos los estudiantes.

POTOWMACK PBIS CLASSROOM RULES

| RESPECT | RESPONSIBILITY | EFFORT |
|---|---|---|
| <p>Follow directions</p>  <p>Raise your hand to speak or get up</p>  <p>Keep all of yourself to yourself</p>  | <p>Come prepared to learn with all of your supplies</p>  <p>Stay on task</p>  <p>Be responsible for your behavior</p>  | <p>Always do your best in everything you do!</p>  <p>Never give up!</p>  <p>Make good choices!</p>  |

Classroom Lessons

Lecciones en el aula



Class Dojo



If you are not connected to Class Dojo, see Ms. Gerber after the presentation!

Class Dojo serves two purposes! It is our schoolwide positive behavior and communication platform we use at Potowmack.

¡Class Dojo tiene dos propósitos! Es nuestra plataforma de comunicación y comportamiento positivo en toda la escuela que usamos en Potowmack.

Connect with families

Conéctese con las familias

Create positive classrooms

Cree aulas positivas

Share student learning

Comparta el aprendizaje de los estudiantes.

Class Dojo

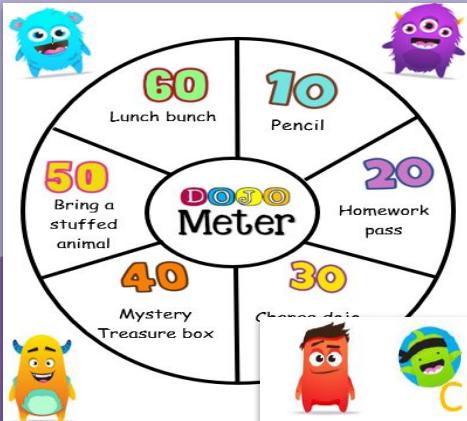


If you are not connected to Class Dojo, see Ms. Gerber after the presentation!

Our students know Class Dojo as a positive behavior recognition tool and reward system. Students can receive recognition for behaviors such as staying on task, teamwork, respect, hard work, engagements, kindness, etc.

Nuestros estudiantes conocen Class Dojo como una herramienta de reconocimiento de comportamiento positivo y un sistema de recompensas. Los estudiantes pueden recibir reconocimiento por comportamientos tales como concentrarse en la tarea, trabajo en equipo, respeto, trabajo duro, compromisos, amabilidad, etc.

Class Dojo



The instant feedback that Class Dojo offers students encourages positive classroom skills and behaviors.

La retroalimentación instantánea que Class Dojo ofrece a los estudiantes fomenta habilidades y comportamientos positivos en el aula.

On a weekly/monthly basis, students redeem their earned Dojo points for incentives.

De forma semanal/mensual, los estudiantes canjean los puntos Dojo ganados por incentivos.

Soaring Eagle Awards

Premios Soaring Eagle



New to Potowmack this year!

Our school wide recognition awards highlight two students from each classroom per quarter. These Soaring Eagles are those who show exemplary respect, responsibility, and effort.

¡Nuevo en Potowmack este año!

Nuestros premios de reconocimiento en toda la escuela destacan a dos estudiantes de cada salón de clases por trimestre. Estas Águilas Voladoras son aquellas que muestran un respeto, una responsabilidad y un esfuerzo ejemplares.



•Parent Workshop•

Taller para padres

Expectations and Consequences

Las expectativas y consecuencias

Your children are ALWAYS learning from their surroundings!

At school - your child is used to expectations. Especially in elementary school, your child is learning academics, but is also learning how to behave in social situations and what their responsibilities are as a part of a group. This is incredibly important for their development.



Expectations are Important

Las expectativas son importantes

Struggles with Expectations

Lucha con las expectativas

- Parents sometimes worry that setting high expectations or asking children to complete tasks will lead to anxiety or a sense of failure.
Los padres a veces se preocupan de que establecer expectativas altas o pedirles a los niños que completen tareas genere ansiedad o una sensación de fracaso.
- Sometimes it is emotionally difficult to let your child struggle to meet expectations.
A veces es emocionalmente difícil dejar que su hijo luche por cumplir con las expectativas.
- Sometimes it is very difficult to allow your child the TIME to meet the set expectations.
A veces es muy difícil darle a su hijo el TIEMPO para cumplir con las expectativas establecidas.

Expectations are Important

Las expectativas son importantes



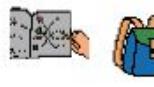
HIGH EXPECTATIONS

MUST BE CLEARLY DEFINED.
MUST BE STATED AND UNDERSTOOD.
EVERYONE CAN AND WILL LEARN.

HIGH SUPPORT

ALLOW FOR MORE OR LESS TIME.
HELP AT EVERY STEP.
PROVIDE NECESSARY MODIFICATIONS
FOR EACH LEARNER.

#4 OCF

| | morning  | meal times  | homework  | free time/ play  | bedtime  |
|-----------------------|--|--|--|---|--|
| Be Respectful | use a quiet voice until others are awake use kind words- say "good morning" follow directions the first time | use manners- say "please" and "thank you" chew with mouth closed take turns listening and talking try new foods | work quietly ask for help (if needed) | include others share and take turns | use a quiet voice at nighttime use kind words- say "good night" |
| Be Responsible | get up on time brush teeth get dressed make bed get materials ready for school | wash hands clean up dishes after eating keep food on the table | fill out assignment book finish all of your homework pack up backpack for the next day | take care of belongings (toys, games, etc.) turn off electronics when finished clean up when you are finished playing | put on pajamas wash up and brush teeth use bathroom go to bed on time |
| Be Safe | stay indoors/in room put shoes & clothes away | stay in your seat keep chair legs on the floor use utensils properly | stay in designated homework spot clean up materials when finished hang up backpack | use toys as intended keep hands and body to self tell an adult where you are playing | stay indoors/in room put shoes and clothes away calm body in bed |

1. Create 3 expectations.
2. Create a few examples of what each expectation looks like for your home. (You can have your kids to contribute)
3. CELEBRATE IT! When your child does one of these things, tell them you like and appreciated their behavior.
4. SET GOALS! If you earn 15 “points” you can get 15 extra minutes of electronics
5. PATIENCE! This system does not solve everything, but it helps set and meet expectations.

PBIS HOME EXPECTATIONS

| RESPECT | RESPONSIBILITY | EFFORT |
|----------------|-----------------------|---------------|
| | | |